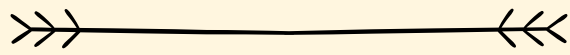


Shopping List



For your curry sauce:

50g butter

3 onions sliced

4 cloves of garlic sliced

1 thumb size piece of ginger skin sliced

3tbsp curry powder

1tsp turmeric

50g dried mix fruit

3tbsp malt vinegar

1 star anise

500g vegetable stock

1tsp corn flour

Salt and lemon to season



For your scotch eggs:

5 large eggs

180g cod

180g raw smoked haddock

180g cooked smoked haddock

3g dill chopped

1g salt

$\frac{1}{4}$ lemon zested

