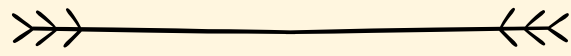


# Shopping List



For your butter:

250g salted butter (soft)

1 clove garlic (pureed or grated)

½ tbsp tomato paste

1 anchovy (chopped)

1tsp mustard powder

½ tsp ketchup

large chilli (chopped fine)

5g chopped chervil (chopped)

5g chopped parsley (chopped)

1tbsp Worcestershire sauce

1tsp curry powder



For your butter:

1tsp ground cumin

½ tsp cayenne pepper

1tsp paprika

1tsp ground coriander

2 large chicken breasts

