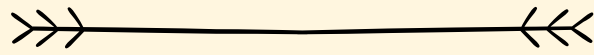


Shopping List



For your muffin:

150g plain flour

1 tsp bicarbonate of soda

1 tsp baking powder

1 orange zest (10g)

1 orange juice (60g)

1tsp salt

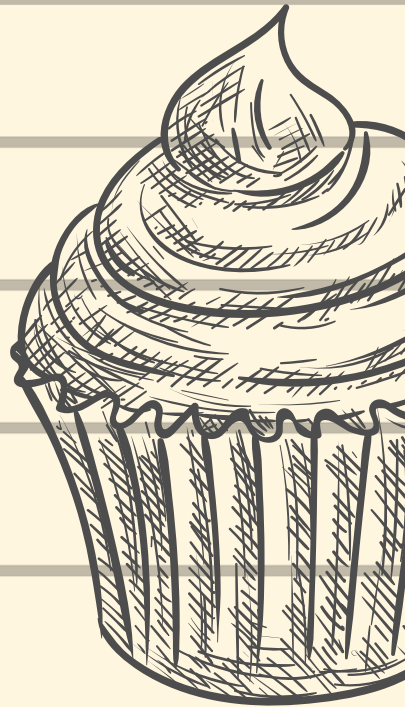
60g oil

175g granulated sugar

2 large eggs

1tsp vanilla

100g carrot finely grated (1 large)



For your frosting:

100g cream cheese

100g butter

1tbsp condensed milk

175g icing sugar

5g cinnamon powder

