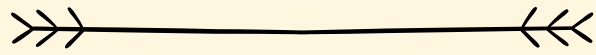


# Shopping List



For your sponge:

110g stem ginger (chopped in syrup)

175g self-raising flour

½ tsp ground cinnamon

½ tsp ground Ginger

½ tsp baking powder

½ tsp bicarb

2 eggs

75g molasses sugar

1 tbsp honey

1 tsp fresh grated ginger

175g grated carrot

175g warm water

For your sauce:

175g dark brown sugar

110g butter

2tbls rum/ brandy or ginger wine

2 chunks of stem ginger

To serve:

Vanilla ice cream

