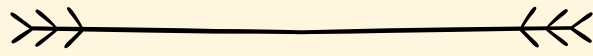


KFC Monkfish Fakeaway

Shopping List



Monkfish:

500g monkfish

500g buttermilk

1 egg



KFC spice mix:

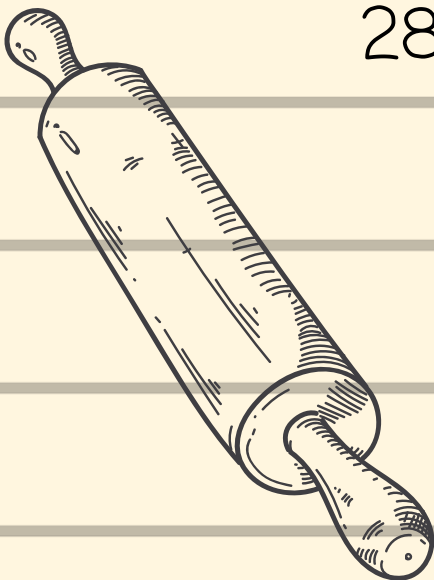
21g smoked paprika

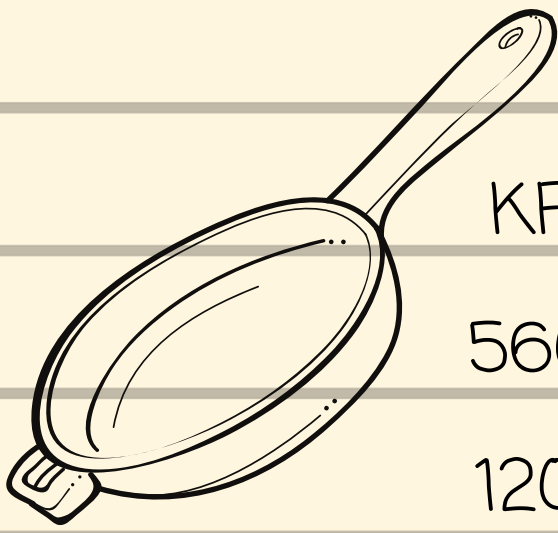
28g black pepper ground

28g garlic powder

8g oregano

5g cayenne





KFC flour mix:

560g soft flour

120g corn flour

6g baking powder

9g salt

78g Southern fried spice mix

Fennel coleslaw:

100g fennel thinly sliced

50g thinly sliced red onion

50g grated carrot

10g dill

15g olive oil

10g white wine vinegar

